

Novel Coronavirus (2019-nCoV)

Acute Respiratory infection (ARI)/Influenza like illness (ILI)/ Cluster of Pneumonia reported from Wuhan City, Hubei Province in China. It is caused by a new type of Coronavirus (novel Coronavirus, 2019-nCoV). Coronavirus are large family of viruses with some causing less severe disease such as common cold and others more severe diseases such as MERS and SARS

Symptoms: Cough, Fever, Difficulty in breathing **Incubation period: 2-10 days**

HOW VIRUS SPREADS

- Person to person
- Just like normal, seasonal flu
- Inhaled droplets from coughing/sneezing
- Droplets on hands/surfaces




Preventive Measures :

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are more effective. **CLEAN HANDS SAVE LIVES.**
- Avoid touching your eyes, nose or mouth. Germs spread that way.
- Stay home if you get sick. Please stay home from work or school and limit contact with others to keep from infecting them.



People most Likely to Get Complications

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| <ul style="list-style-type: none"> • older • young children • pregnant women • asthma • neurological conditions • cystic fibrosis | <ul style="list-style-type: none"> • heart disease • blood disorders (like sickle cell) • diabetes • chronic kidney or liver disorders • a weakened immune system (like AIDS) • cancer | <ul style="list-style-type: none"> • on steroids • younger than 19 years receiving long-term aspirin therapy • morbid obesity • chronic lung disease (like COPD) |
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FACE MASKS NOT NECESSARY FOR GENERAL PUBLIC

Doctors/Paramedics/Emergency Room workers:
Triple-layer face mask/double-layer surgical masks
Doctors/Technicians, while taking a throat/nasal swab from a suspected case of Influenza-Like-Illness: Recommended N95 Masks (Respirator)

- DEPARTMENT OF HEALTH HELPING YOU**
Daily Surveillance of **10 DISTRICTS** for number cases Respiratory Tract Infection, OPD cases,

 - Rapid Response Teams (RRT) in place in all districts.
 - Data is analyzed
 - Cluster cases are investigated
 - Samples collected

On-The -Spot Symptomatic Treatment to affected population

Passengers coming from affected countries (CHINA, JAPAN, REPUBLIC OF KOREA, VIETNAM, SINGAPORE, THAILAND, USA, NEPAL, FRANCE) may contact on below mentioned

Directorate of Health Services Kashmir, India
INTEGRATED DISEASE SURVEILLANCE PROGRAMME (IDSP)
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